## **Tips for Getting Your Screenings**

### For Your Mammogram:

- Wear a comfortable two-piece outfit.
- Do not wear talcum powder, deodorant or cream.

# Two days (48 hours) before a Pap test:

- Do not douche
- Do not use vaginal medication
- Do not have sexual intercourse

### For Your Surgical Visit:

- Pick up your mammogram and a copy of the written mammogram report from the mammography facility.
- Take the mammogram and the report with you to the surgeon. A surgeon cannot make a decision about your care without looking at the mammogram.

## **WELCOME TO**





#### **Fraud**

To withhold information or to give false information to the Arkansas Department of Health in order to receive services from *Breast*Care may constitute fraud, which is against the law. Fraud may be punished by imprisonment, a fine, or both.

www.healthy.arkansas.gov

## Your Guide to the BreastCare Program

- *Breast*Care, a program of the Arkansas Department of Health, provides free mammograms, Pap tests, diagnostic tests and treatment, if needed.
- Your appointments can be made with our health care providers close to your home.
- Your BreastCare provider will refer you for a mammogram .
- Services received prior to the date you enrolled will not be covered by BreastCare.

BreastCare can only help you with some of your healthcare needs. See the list of covered services. It will help you understand the services for which BreastCare can pay. Refer to your card, which will show you whether you are in plan A or C.

### Facts To Know About Coverage

- Benefits and eligibility may change. You must pay for any non-covered services.
- All covered services may only be paid for a certain number of times in one year. Ask your provider to make sure that you are staying within these limits. You must pay for additional services.
- The Arkansas Department of Health is the payer of last resort.
- If you are billed for a service that should be covered, call our billing specialist at 1-855-661-7830

# What You Need To Do As A BreastCare Participant

- Take your enrollment card to all appointments.
- Call your BreastCare provider if you lose your *Breast*Care card.
- Choose a participating *Breast*Care provider. You will be responsible for any bill from a non-participating provider. Visit <a href="https://www.healthy.arkansas.gov">www.healthy.arkansas.gov</a> to find participating providers.
- Always reschedule if you cannot keep your appointment.
- Call your BreastCare provider with any changes in address and phone numbers.
- Every year, before your card expires, call your BreastCare provider to renew your eligibility.
- Make sure all *Breast*Care providers have your *Breast*Care identification number. Providers cannot bill without your number.

# What Happens If You Are Diagnosed With Cancer

- Your provider will refer you to the Regional Care Coordinator to apply for *Breast*Care Medicaid. A nurse will help you complete the application.
- If eligible for *Breast*Care Medicaid, you will receive a Medicaid number within one to two weeks.
- While you are receiving cancer treatment, you are eligible for the full range of Medicaid benefits. A small co-pay may be required for inpatient hospital services and prescriptions.
- A primary care physician referral is required for Medicaid services.
- Medicaid coverage will end when your cancer treatment ends.
- If you are not eligible for Medicaid and uninsured, a nurse will assist you in finding affordable care.